



## **Relationships and Sex Education at Corpus Christi**

At Corpus Christi, we believe that parents are the prime educators of their children and we, as school, church and family work together to support you in educating your child. Our role is to support you, not replace you. Our key objective in all things, including RSE, is the well-being of the child.

RSE is the life long learning about physical, moral and emotional development. It covers all aspects of learning about relationships with people, including family and friends, and the importance of marriage for family life, stable and loving relationships, respect, love and care.

It is also about the teaching of sex, sexuality and sexual health.

RSE forms a part of PSHE, RE and Science curriculum. RSE plays a part in these subjects and they overlap to ensure the emotion, spiritual and biological aspects are taught together.

### **Journey in Love**

Corpus Christi use the scheme 'Journey in Love' to support the teaching of RSE.

It has been approved by the Bishops of England and Wales and approved and recommended by the Christian Education Department of Liverpool Archdiocese.

It teaches these main aims:

- our journey begins at the moment of our conception
- God is at the heart of love
- Puberty can be an extremely confusing time for children, our message will be that *even in this confusion*, God is there
- The sacrament of marriage publicly declares the commitment of each spouse to the other permanently and that it is a God-given gift.

The programme is made up of four areas:

- Physical
- Social
- Emotional
- Intellectual

Each of these areas is broken down in to the following:

- Activities
- Pause and reflect
- Prayer

Here you will find the main aims for each year group.

### **Nursery**

Children begin to know and understand that they are part of the wonder of God's love and creation.

- Focus on different parts of their body and look at their own and each others features.
- Observe facial expressions
- Identify the signs of feeling happy and sad
- Look at the wonders of God's world through song

### **Reception**

Children know and understand that God has made them unique and that although we are all different, we are all special to him.

- Discuss how we are different from one another
- Identify who they play with and what they enjoy doing
- Look at the different types of friends they have
- Describe how to be a good friend
- Recognise that Jesus is our friend

### **Year 1**

Children know and understand that they are growing and developing as members of their own family and God's family.

- Talk about who is in their family
- Talk about how fast babies change and grow
- Look at happy and sad moment within a family
- How love is shown in a family
- Know that we are members of God's family

### **Year 2**

Children know and understand that they are growing in a God-given community.

- What is community?
- Explore school as a community
- How we can contribute to the community
- As children of God, how we should help each other

### **Year 3**

Children know and understand the virtues essential to friendship (loyalty, responsibility and experience) the importance both of forgiving and being forgiven and of celebrating God's forgiveness.

- Who cares for us at home, school, parish and community
- How we keep safe
- How we take care of others
- How we feel if friendships are not working
- How we can forgive and include others as Jesus did.

#### **Year 4**

Children know and understand that they are all different and celebrate these differences as they appreciate that God's love accepts us as we are and as we change.

- Recognise all pupils grown and develop at a different rate
- Identify the development of the baby in the womb
- Look at how pupils appreciate their own and others gifts, talents, achievements and all that makes us unique
- St Paul's teaching on love

#### **Year 5**

Children know and become aware of the physical and emotional changes that accompany puberty and that they grow further in their understanding of God's presence in their daily lives.

- Identify and celebrate the ways I have changed since birth
- Discuss the external and internal changes which happen to boys and girls in puberty
- Recognise behaviour changes as we grow up
- Identify the physical changes from child to adult means the ability to become a mother or father
- Reflect on ways to become more sensitive to the emotional development of oneself and of others

#### **Year 6**

Children develop, in an appropriate way for their age, an understanding of sexuality and grow further in their appreciation of their dignity and worth as children of God.

- Explain how human life is conceived
- Recognise male and female reproductive organs
- Know that sexual intercourse occurs between husband and wife
- Understand how a child grows within the mother's womb
- Understand that God causes new life to begin through the love that parents have for each other
- Celebrate God's creative love in creating us as his children

Parents have the right to withdraw their child from the RSE session.

If you have any further questions, please speak to your child's class teacher or Miss Mowatt, the RSE co-ordinator.

This scheme has been reviewed and approved by both the Governing Body and the Parish.