



15th November 2021

Dear Parent/Guardian,

This year we are teaching the PATHS® Programme. We will have a PATHS® lesson twice each week.

PATHS® lessons will cover many topics including:

- Friendship
- How to recognise and understand feelings
- How to use and improve thinking skills
- Various ways to solve problems etc.

These tasks are not time consuming but fun and meaningful and reinforce previous learning. We would like to ask for your assistance in occasionally helping your child complete a Home Activity.

In our first lesson, we developed a set of classroom rules. All children in our class have signed their names to them. Please call in when you're in the building and take a look!

Tonight your child has his/her first Home Activity. In this activity we would like you to help your child develop a short list of rules they are supposed to follow at home.

We would also like you to tell your child some rules you were supposed to follow when you were about their age!

We will keep you up-to-date as we go along. If you have any questions, comments or suggestions, please let me know.

Yours sincerely,

Mrs S Birchall